

A Study To Analyse The Time Management Skill Among College Students in Kumbakonam Town

¹J.PAVITHRA, ²Dr. CHITRA ISAC, M.B.A., M.Phil.,S.E.T., Ph. D.

¹II MBA, ²Head- Dept. of Management, Idhaya College for Women, Kumbakonam, India.

¹pavithrapavithra4017@gmail.com

ABSTRACT - Time management is very important to student and useful to keep their time. All activities and work is to be divided based on 24 hours allotted to everyone. So time management is essential for all of us. Proper time management helps student to work effectively and easily, with proper time management students can reduce stress and disorderliness,

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I. INTRODUCTION

The term time management is a misnomer. You cannot manage time you manage the events in your many often wish for more time but you only get 24 hours 1,440 minutes or 86,400 seconds each day. How you use that time depends on skills learned through self-analysis planning evaluation and self-control.

Much like money time is both valuable and limited it must be protected used wisely and budgeted people who practice good time management techniques often tend to be more productive. have more energy for things they need to accomplish. Feel less stressed are able to do the things they want. Get more things done relate more positively to others. Feel better about the time management.

A proper time management strategies depends on how do you use your time what methods do you use your time what methods do you want to apply and how long it time management.

II. REVIEW OF LITERATURE

FORSTER MARK (2006):

A Completely different approach which argues against prioritizing altogether was put forward of British author Mark Forster time management. The approach advocates getting all your work done every day and if you are unable to achieve it helps diagnose where you are going wrong and what needs to change.

RICHARD WALSH (2008):

Change is hard and daily life patterns are the most deeply ingrained habits of all. To eliminate non-priorities in study time it is suggested to divide the tasks, capture the moment, review the handling method postpone unimportant tasks understand by its current and sense of urgency reflects want to the person rather the importance.

PARTHI (2009):

In contrast to the concept of allowing the person to use multiple filtering methods at least one software product additionally contains a mode where the best task for any given moment.

III. RESEARCH METHODOLOGY

OBJECTIVE OF THE STUDY

- To analyse the priorities among students.

LIMITATIONS OF THE STUDY

- The time consumption of the study is limited.
- Some the respondents were also busy in their daily work so it might be little bit burden to collect data.

RESEARCH DESIGN

Sampling Techniques: simple random sampling technique is used for this study.

Method of data collection: A structured questionnaire was administered for primary data from the respondent.

Tools for Analysis: Simple percentage analysis and Spearman Likert scale is used to analyze the data collected.

Table 1- showing the distribution of response on the statement "waking up early will help me to do my work well"

Perception	Frequency	Likert reading
Strongly Agree	17	85
Agree	26	104
Neutral	4	12
Disagree	2	4
Strongly Disagree	1	1
Total	50	206 / 50
Level of satisfaction		4.12

Interpretation- the level of satisfaction on the statement – "Waking up early will help me to do my work well" is

4.12, therefore the respondents agree to the above statement

CHART: 4.1

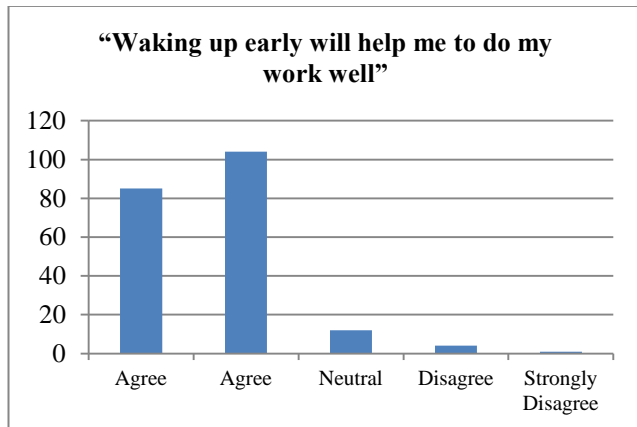
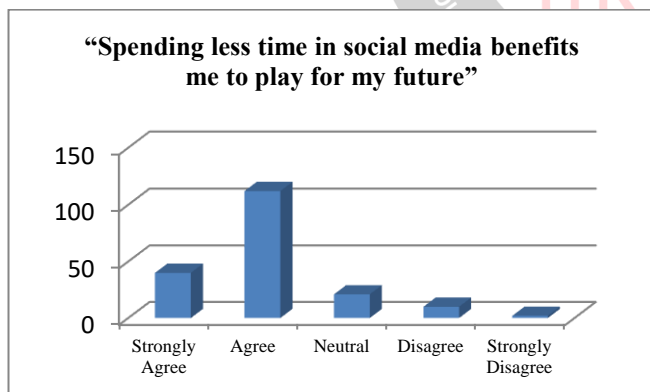


TABLE: 2- showing the distribution of response on the statement “Spending less time in social media benefits me to play for my future”

Perception	Frequency	Likert reading
Strongly Agree	8	40
Agree	28	112
Neutral	7	21
Disagree	5	10
Strongly Disagree	2	2
Total	50	185 / 50
Level of satisfaction		3.7

CHART: 2



Interpretation- the level of satisfaction on the statement – “Spending less time in social media benefits me to play for my future” is 3.70, therefore the respondents agree to the above statement

IV. SUGGESTION

The study clearly indicates that for success it is essential to wake up early, follow rules and regulation and reduce the time on social media. Hence it is suggested that the youth should focus on developing a healthy life by eating healthy

food and practice the habit of “early to bed and early to rise” rules

Self- discipline is the key value the youth need to inculcate so as to practice effective time management.

V. CONCLUSION

“Time and tide waits for no man”, true to this saying time is precious. The present generation need to understand this fact and be prudent in utilizing the valuable yet limited resource called time. Skills would surely help them to live a happy life with their family around and earn a good name ,as perceived by most of the respondents of them this study.

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