

A Study on Lack of Self-Confidence Among Women Students in Kumbakoanam

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ABSTRACT - This paper been prepared to find the self-confidence among the student's of Idhaya College. This study has been helpful to analyze the importance of self-confidence among the student's. And to build the personality development, communication skill and attitude of the student's. For this we have taken the sample size of 50 and we are going to percentage analyze and chi –square test find the result.

Key word: Self-confidence, self-esteem, depression, motivation

I. INTRODUCTION

Self-confidence is an attitude which allows individuals to have positive yet realistic view of themselves .and their situations .self-confidence people trusts their own abilities have a general sense of control in their lives. And be live that within reason they will be able to do what wish plan and expect. Self-confidence is central to good psychological adjustment .personal happiness and effective functioning in children and adults. the term self-confidence is used to refer to individuals judgement about themselves. Children with over all high self-concepts.are confidence about their abilities .children with low self-confidence to be apprehensive about unpopular (or) unusual ideas and avoid voicing attracting, attention the future of students depends mostly on their self –confidence. The importance of self-confidence for the development of personality. Without being affected by the negative influences building confidence in students, parents can safe guard the most importance on self-confidence.

II. REVIEW OF LITERATUARE

PONOMARENKO (2017) Said that Self-confidence has two aspects general Self-confidence which is a stable personality trait that develops in early children, which is a changing mental and emotional state association with the specific task (or) situation at hand.

PONOMARENKO (2017) Said that Self-confidence has two aspects general Self-confidence which is a stable personality trait that develops in early children, which is a changing mental and emotional state association with the specific task (or) situation at hand. We develop both types of Self-confidence through automatic mostly unconscious, internal dialogues about ourselves based on our experiences and other's feedback. While both types of Self-confidence.

KHAN, FLEVA & QAZI (2015) Said that Confidence generally arises when a person will engage in (or) engages

in a particular activity in which his mind is directed towards achieving a desired outcome.

KHAN, HAIDER, AHMED & KHAN (2011) Said that Explored the relationship of sports achievements motivation and sports competitions anxiety among intervarsity badminton players .the total sample consisted of twenty players age ranged from 17 to 25 years for the study .they found there was a negative relationship between achievement motivation and sports competitions anxiety among badminton players. that

III. RESEARCH METHODOLOGY

3.1 OBJECTIVE OF THE STUDY

- To analyze the impact of self-confidence among the students.
- To analyze the importance of self-confidence among the students.

3.2 RESEARCH DESIGN:

3.2.1 SAMPLING TECHNIQUES

Simple random sampling technique is used for this study.

3.2.2 SAMPLE SIZE:

50 samples were chosen randomly for this study.

3.2.3 METHODS OF DATA COLLECTION:

In this research the primary data was collected by means of a structured questionnaire.

3.2.4 TOOLS FOR ANALYSIS:

- Simple percentage analysis and
- Chi square test is used in this study.

3.2.5 LIMITATION OF THE STUDY:

- We are not having enough time to do our study.

- Respondents were also engaged under their own personal work, so we can't able to approach them directly.

IV. DATA ANALYSIS AND INTERPRETATION

TABLE 4.1 TODAY 'S WORLD SELF-CONFIDENCE IS VERY IMPORTANCE FOR STUDENT

S.NO	PARTICULAR	NO.OF RESPONDENTS	PERCENTAGE
1	Strongly agree	40	80%
2	Agree	3	6%
3	Neutral	3	6%
4	Disagree	3	6%
5	Strongly Disagree	1	2%
	TOTAL	50	100%

INTERPRETATION:

From above the table clearly shows that 80% of the respondents strongly agree, perceived to days world self-confidence in very importance 6% agree, were neutral and disagree.2% strongly disagree

FIGURE 4.1

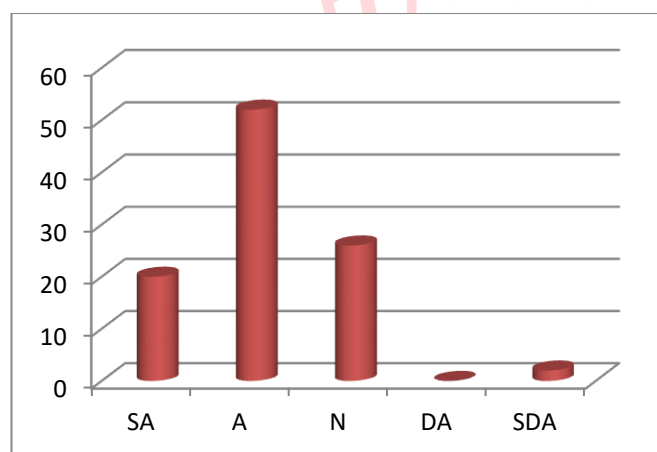


TABLE 4.2 GET SATISFICATION LEVEL TO HANDLE THE CRITICAL SITUATION IN THE PUBLIC AREA

S.NO	PARTICULAR	NO.OF RESPONDENTS	PERCENTAGES
1	Strongly agree	16	32%
2	Agree	23	46%
3	Neutral	10	20%
4	Disagree	0	0%
5	Strongly Disagree	1	2%
	TOTAL	50	100%

INTERPRETATION:

From above the table clearly shows, that 46% of the respondents agree. they can handle critical situation in the public area 32% strongly agree,20% were neutral and 2% strongly disagree.

FIGURE4.2

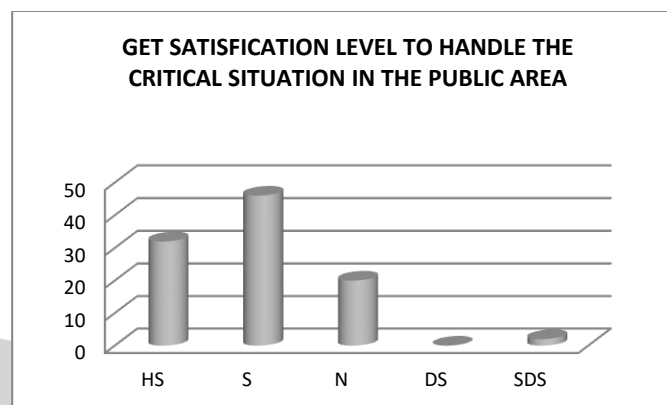


TABLE 4.3 CONFIDENCE IS INCREASE WITH THE SUPPORT OF YOUR PARENT'S

S.N O	PARTICULARS	NO.OF RESPONDENT S	PERCENTAG E
1	Strongly agree	19	38%
2	Agree	26	52%
3	Neutral	5	10%
4	Disagree	0	0%
5	Strongly Dis agrees	1	2%
	TOTAL	50	100%

INTERPRETATION:

From above the table shows, that 52% agree of the respondents were confident with the support of there parents,38% of them Strongly agree,10% were neutral and 2% Strongly disagree.

FIGURE4.3

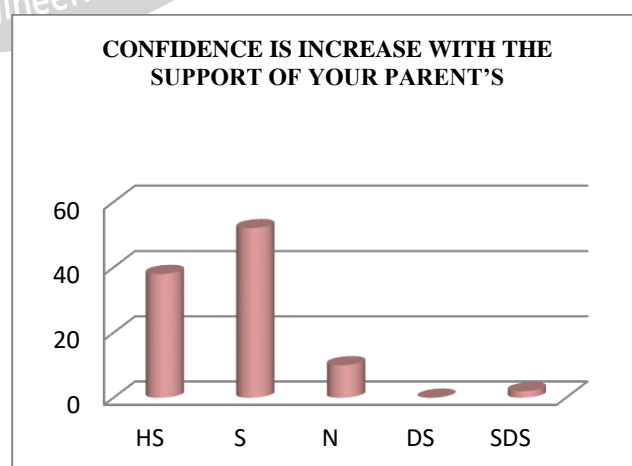


Table 4.4 Association between the importance self-confidence & Right Place

NULL HYPOTHESIS: There is a no significant relationship between importance of student self confidence and expose use of your confidence at the right place.

ALTERNATIVE HYPOTHESIS: There is a significant relationship between importance of student self confidence and expose use of your confidence at the right place.

a .9 cells (90.0%) have expected count less than 5. The minimum expected count is .02.

RESULT:

Calculate the value=.255

Degree of freedom=4

Therefore, the table value at 5% level of significance is.993 as calculate value<tabulated value ,null hypothesis is accepted Therefore null hypothesis i accepted Hence there is no significant association between salary and employee satisfactory level in their work load.

table 4.5 association between the increase level of self-confidence and the support of parents expression of confidence at the right place

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	.255 ^a	4	.993
Likelihood Ratio	.451	4	.978
Linear-by-Linear Association	.200	1	.654
N of Valid Cases	50		

NULL HYPOTHESIS: there is a no significant relationship between the increase level of self-confidence and the support of parent's expression of confidence at the right place.

ALTERNATIVE HYPOTHESIS: there is a significant relationship between the increase level of self-confidence and the support of parent's expression of confidence at the right place.

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	1.020 ^a	3	.796
Likelihood Ratio	1.407	3	.704
Linear-by-Linear Association	.079	1	.778
N of Valid Cases	50		

a. 6 cells (75.0%) have expected count less than 5. The minimum expected count is .02.

RESULT:

Calculate the value=1.020

Degree of freedom=3

Therefore, the table value at 5% level of significance is.796 as calculate value<tabulated value ,null hypothesis is accepted Therefore null hypothesis i accepted Hence there is no significant association between salary and employee satisfactory level in their work load.

CONCLUSION:

Self-Confidence it was also found that there difference in the college students with high and low level of Self-Confidence.but it should be remember that Self-Confidence of students . This study has been helpful to analyze the importance of self-confidence among the student's. And to build the personality development, communication skill and attitude of the student.

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